

### Executive Committee 2018-2019

**Supervisor:**  
Mrs Doris Ho, JP

**Headmistresses:**  
Mrs Stella Lau, SBS, JP  
Mrs Annie Lee

**Teachers:**  
Mrs K Suthiphongchai  
Mrs E Au

**Chairman:**  
Mrs Sherlynn Chan Wong

**Vice-chairmen:**  
Ms Winnie Cheung  
Mrs Chlorophyll So

**Hon Secretary:**  
Mrs Wendy Wai

**Hon Treasurer:**  
Mr William Lee

**Hon Auditor:**  
Mrs Joanne Ng

**Members:**  
Mrs Janice Chan  
Mrs Patty Chan  
Mrs Michelle Cheng  
Mrs Conny Ching  
Mrs Catherine Siu Doo  
Mrs Stella Ma  
Mrs Esther Ng  
Mrs Christine Nip  
Mrs Bianca Tan  
Mrs Esther Tang  
Mrs Virginia Leung  
Mrs Frances Ho  
Mrs Hynn Ming Yeh  
Mrs Ada Yip

## Seminars and Gatherings

### How can Parents Instill Healthy Positive Culture in the Family



We were delighted to have both Ms Shirley Loo and Rev Dr Ho Chi Dik Peter to hold a seminar for our parents on December 14<sup>th</sup> 2018. The seminar focused on how healthy positive culture could be instilled into family to support and guide our children as they grow up. The seminar was very well received by more than 200 parents attending the seminar.



### Parent's Role in Nurturing and Managing Guidelines for Cyber Citizenship

On January 24<sup>th</sup> 2019, parents attended a seminar hosted by Dr Wat Wai Ho Benjamin. Dr Wat shared with parents on how to guide and educate our children to be good digital citizens and cultivate responsible cyber social behaviour.



### Transformational Parents Workshop

A 4-session parenting workshop was held on March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> 2019 respectively. Around 40 parents gathered to learn how to better handle their own emotions and practise emotional management in the family. Ms Florence Lau provided guidance through interactive exercises and heartfelt sharing sessions. The parents all benefited a lot.





## Parent-Teacher Breakfast Meetings

To enhance better communication between parents and teachers, the PTA continues to sponsor Parent - Teacher meetings at both the junior and senior schools.

On February 23<sup>rd</sup> and April 17<sup>th</sup> 2019, a Parent-Teacher Breakfast meeting was held at the school for S1-S3 and P2-P3 parents respectively. Parents and teachers took the opportunity to share ideas about schoolwork, as well as the current and upcoming curriculum in a relaxed setting. At the S1-S3 meeting, the school's social worker was also invited to share with parents on the thought process of teenagers generally nowadays.



## P6 Retreat



The Primary 6 retreat co-hosted by St. Andrew's Church was held on June 10<sup>th</sup> 2019. The retreat aims to prepare the girls for a smooth transition from primary school to secondary school and into teenager-hood. Through interactive games and the teaching of the Gospel, girls learned how to help each other and to find peace in God at difficult and frustrating times.





# PTA Educational Visits

The P1-P6 girls visited a variety of venues after their final exams in June. Over 850 students and 120 caring parents participated in these enjoyable outings. Special thanks to all the parents for devoting their precious time in taking care of the girls.

## P.1 - Health Education Exhibition & Resource Centre



## P.2 - HK Science Museum



## P.3 - Electrical & Mechanical Services Dept, Zero Carbon Building



## P.4 - HK Heritage Museum



## P.5 - St Mary's Home for the Aged



## P.6 - Po Leung Kuk Eco-home for the Senior (Sham Shui Po), Po Leung Kuk Services for the Elderly (Wong Chuk Hang)

